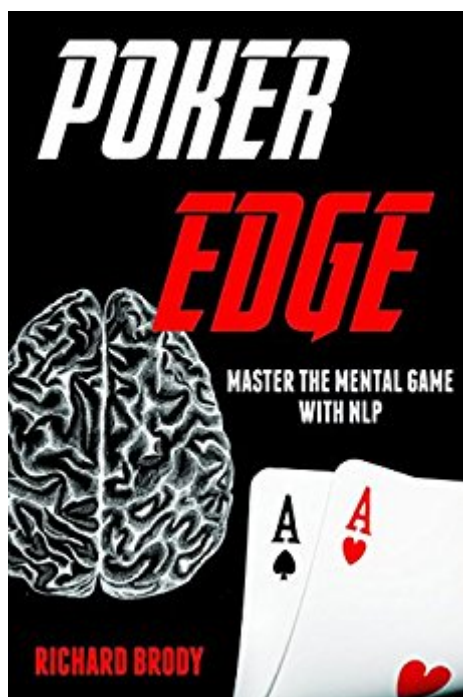


The book was found

Poker Edge: Master The Mental Game With NLP (Neuro-Linguistic Programming)



Synopsis

Make Your Psychology Work for Your GamePoker Edge gives you the 7 most effective tools from NLP to master your mental game. You will be able to handle tilt, generate motivation, and stop self-sabotage FAST. Key NLP Techniques Foundation Anchor - access good feelings whenever you like. Fast Tilt Dissolve - handle tilt in minutes. Reset Sequence - say good bye to your past conditioning and self-sabotage. Motivation Programming - find motivation to play as much poker as you would like. Key NLP Maps Feedback Map - do you still play within the success/failure or the gain/loss dichotomy? There is a more effective way. Flow Map - what is the best motivator? What will sustain your game when the going gets tough? How can your poker feel great? Intention Map - how can you meet your needs in good ways? how can you care for yourself so that you flourish? How would you feel if you could:-> play the same when you are losing as when you are winning-> handle tilt quickly, in minutes-> find daily motivation to play your best game-> change the feeling of a "grind"™ into flow and enjoyment-> enter your zone at will NLP will not give you new magical powers, but it will help you to discover and use abilities you did not know you had. The Achilles'™ Heel of most poker players is not the technical aspect of the game. It is their psychology. For example, virtually nobody plays the same when they are losing as when they are winning. What an edge if you could play the same way regardless. Similarly, it will add to your bottom line if you can process tilt in minutes, as opposed to steaming for the next hour. The materials are divided into two parts. The first part (a "NLP Techniques"™) will give you tools to create the experiences you want. The second part (a "NLP Maps"™) will teach you to create new and better mental "maps"™ for poker success. Whether you play cash games or tournaments, hold'em or omaha, these techniques will help you to meet your goals.

Book Information

File Size: 674 KB

Print Length: 39 pages

Publisher: Brody Publishing (August 19, 2014)

Publication Date: August 19, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00MVFV6GY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #700,884 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #155

in Kindle Store > Kindle eBooks > Humor & Entertainment > Puzzles & Games > Magic #229

in Kindle Store > Kindle eBooks > Humor & Entertainment > Puzzles & Games > Card Games >

Poker #321 in Books > Arts & Photography > Performing Arts > Magic & Illusion

Customer Reviews

I started to use some of the things in this book at work and right now it is working well I can't wait to try it at the poker table we will see how it works there.

Some very good ideas in this Poker Book

[Download to continue reading...](#)

Poker Edge: Master the Mental Game with NLP (Neuro-Linguistic Programming) The Mental Game of Poker 2: Proven Strategies for Improving Poker Skill, Increasing Mental Endurance, and Playing in the Zone Consistently Trance-Formations: Neuro-Linguistic Programming and the Structure of Hypnosis Poker Math: Simple and Basic Poker Math to Help You Crush the Competition, Pile Up Money and Feel Like a Professional Poker Player Positive Poker: A Modern Psychological Approach to Mastering Your Mental Game The Mental Game of Poker: Proven Strategies for Improving Tilt Control, Confidence, Motivation, Coping with Variance, and More Daniel "Kid Poker" Negreanu (Superstars of Poker: Texas Hold'em) Phil "Tiger Woods of Poker" Ivey (Superstars of Poker: Texas Hold'em) Phil "The Poker Brat" Hellmuth (Superstars of Poker: Texas Hold'em) How to Be a Poker Player: The Philosophy of Poker The New Delphi 2 Programming EXplorer: The Best Way to Master Cutting-Edge Visual Programming Galaxy S7: The Ultimate User Guide - Learn How To Master Galaxy S7 And Galaxy S7 Edge, Plus Advanced Tips And Secrets! (S7 Edge, Android, Smartphone) Cross-Platform Game Programming (Game Development) (Charles River Media Game Development) Game Programming Gems (Game Programming Gems (W/CD)) AI Game Programming Wisdom 3 (AI Game Programming Wisdom (W/CD)) PowerShell: For Beginners! Master The PowerShell Command Line In 24 Hours (Python Programming, Javascript, Computer Programming, C++, SQL, Computer Hacking, Programming) The Secret of Mental Magic Tricks: How to Amaze Your Friends with These Mental Magic Tricks Today! The Nineteenth Mental Measurements Yearbook (Buros Mental Measurements Yearbook) Mental Math, Grade 3:

Strategies and Process Skills to Develop Mental Calculation (Singapore Math) Mental Math, Grade 2: Strategies and Process Skills to Develop Mental Calculation (Singapore Math)

[Dmca](#)